

NORTHWEST MARITIME CENTER & SALISH SEA EXPEDITIONS



What to Bring: Single Day Expedition

When packing & preparing for your Expedition, keep in mind the following

- Space is very limited aboard the S/V *Carlyn*. We ask that the following items are contained in a single small/medium size backpack or bag which is labeled with the participants' name.
- The suggested items are intended to be layered for warmth and are more versatile than a single heavy coat.

Most importantly you do not need to buy anything for this trip that you don't already have. Salish Sea Expeditions will provide 'foulies' (rain jacket and overalls to keep you dry), as well as rain boots.

To Wear

Note: Even on sunny days the temperature on the water is typically significantly cooler. Please come dressed appropriately and warmly. Layering is key.

- Close-toed shoes/boots and socks (ankle socks are not so comfortable in rainboots)
- Long pants
- T-shirt and light long sleeved shirt. Always a good idea for warmth and sunscreen
- Wool sweater or fleece jacket (something that keeps you warm, even when wet)
- Sunscreen and lip balm
- A hat that is either sun-shading or head-warming, or both

To Pack

- Lunch and personal snacks to keep your head and body fueled
- Water bottle; we have fresh potable water onboard
- Windbreaker or light rain jacket
- Sweater or warm jacket (an additional layer for warmth)
- Sunglasses and sunscreen

Salish Sea Expeditions Provides

- Lifejacket (Type III)
- Raingear- jacket and pants, all sizes
- Rain Boots, though you can bring your own if you'd prefer

DO NOT bring:

- Controlled substances; drugs, alcohol, cigarettes, e-cigs, vapes
- Excessive personal products (perfume, makeup, lipstick, etc.)
- Expensive cameras or other valuables

Turn over for more information

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Zero Tolerance Drug Policy

The U.S. Coast Guard, and Salish Sea Expeditions, has a zero tolerance policy with regards to drugs on inspected vessels. This means that any illegal drugs in any amount found aboard *Carlyn* will result in confiscation of the vessel and our captain will lose his license. Any participant found with drugs, alcohol, cigarettes, firearms, or fireworks will be removed from the program immediately. Parents/guardians will be contacted and arrangements made for that student to be picked up immediately. Please do not put your shipmates, the crew, or yourself at risk by violating these policies.

If you have questions or concerns, please contact the Program Manager at abbie@nwmaritime.org 360.385.3628x110