

Salish Sea Expeditions
SOUND Program Daily Schedule: Multi Day Expedition

	Time	Sailing	Science
Day 1	7:00 AM	Crew Meeting and Vessel & Program Preparation	
		Student Scientist & Sailor Arrival: Welcome & Dock Talk, Rain Gear & Boot Fitting, Fireline	
	9:00 AM	students (Ss) Gear onto sailing vessel Carlyn	
	9:20 AM	All Hands: Introductions, Safety (Above) & Below Deck Orientations	
	10:00 AM	Depart Dock, Snack, Chaperone & Teachers supervise Ss	
		Chaperone/Teacher Talk: Program Coordinator	
	10:30 AM	Water Watch: Sailing Sailing Intro Set Sails	Wind Watch: Science Motherboard Deployment
	12:30 PM	Lunch I Exploration Activity (led by Teacher/ Chaperones)	Exploration Activity (led by Teacher/ Chaperones)
	1:00 PM	Lunch II Crew Meeting (Crew only in cockpit)	Lunch II
	2:00 PM	Wind Watch: Sailing Sailing Intro Strike Sails	Water Watch: Science Motherboard Deployment
	3:30 PM	Crew Meeting: Dock/anchor, offload & evening plan (Teachers/Chaperones with Ss)	
	4:00 PM	Water Watch (on Carlyn) Student Activity, time permitting Prep Dinner, Cook, Eat & Clean-Up Carlyn Pride (vessel chores)	Wind Watch (on Shore) Student Activity, time permitting Prep Dinner, Cook, Eat & Clean-Up Shore Camp Set Up
		Teachers/Chaperones provide support during transition times: student activity, setting up tents, meal prep & clean-up & chores	
	8:30 PM	Prep for Lights Out	
	9:00 PM	Lights Out	
Day 2	7:00 AM	Turn to, pack up	
	8:00 AM	Breakfast prep, eat & clean-up	
	9:00 AM	Load Carlyn	
	9:30 AM	Crew Meeting: Departure & morning plan (Crew only in cockpit; Teachers/Chaperones with Ss)	
		All Hands: Morning Meeting	
	10:00 AM	Wind Watch: Sailing Set Sails Sailing & Navigation	Water Watch: Science Plankton Deployment
	12:30 PM	Exploration Activity (led by Teacher/ Chaperones)	Lunch I Exploration Activity (led by Teacher/ Chaperones)
	1:00 PM	Lunch II All Hands: Afternoon Meeting	Lunch II Exploration Activity (led by Teacher/ Chaperones)
	2:00 PM	Water Watch: Sailing Set Sails Sailing & Navigation	Wind Watch: Science Deploy Microscopes, data

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3:30 PM	Crew Meeting: Dock/anchor, offload & evening plan (Chaperones with Ss)	
4:00 PM	Wind Watch (on Boat) Student Activity, time permitting Prep Dinner, Cook, Eat & Clean-Up Carlyn Pride (vessel chores)	Water Watch (on Shore) Student Activity, time permitting Prep Dinner, Cook, Eat & Clean-Up Shore Camp Set Up
	Optional: Science Wrap-Up/Closing on final evening; Can also be held morning of last day	
8:30 PM	Prep for Lights Out	
9:00 PM	Lights Out Teachers/Chaperones provide support during transition times: student activity, setting up tents, meal prep & clean-up & chores	
Day 3	7:00 AM Turn to, pack up, breakfast	
	8:00 AM Breakfast prep, eat & clean-up	
	9:00 AM Load Carlyn, offload boat Ss	
	9:45 AM All Hands: Science Wrap-Up!	
	11:15 AM Load & Depart	
	11:30 AM The Challenge Introduction & The Challenge	
	1:30 PM Challenge Debrief	
	2:00 PM Snack, Docking (Teachers/Chaperones supervise Ss)	
	2:30 PM Carlyn Pride	
	3:30 PM Offload & Woohoo Circle! Ss Departure	
	**For SOUND Programs with Expeditions longer than three days, Day 1 & 2 repeat. There is also more flexibility and opportunity for creativity on longer programs, so please let us know how you'd like the program structured!	