



WHAT TO BRING: 1-DAY EXPEDITION

When packing & preparing for your Expedition, keep in mind the following:

- Space is very limited aboard the *S/V Carlyn*. **We ask that the following items are all contained in a single small/medium size backpack or bag which is labeled with a student/family name.**
- The suggested items are intended to be layered for dryness & warmth and are more versatile than a single heavy coat.

Most importantly, you do not need to buy anything for this trip that you don't already have. Salish Sea Expeditions will provide 'foulies' (rain jacket and overalls to keep you dry), as well as rain boots

To Wear

*Note: Even on sunny days the temperature on the water is typically significantly cooler. Please come dressed appropriately and warmly. Layering is key.

- Close-toed shoes / boots & socks (ankle socks are not so comfortable in rainboots).
- Long pants. On really nice days we will have the opportunity to change into shorts, but is always good to start in long pants.
- T-shirt and light long sleeved shirt. Always a good idea for warmth and sunscreen.
- Wool sweaters or fleece jacket (something that keeps you warm, even when wet).
- Sunscreen, and lip balm
- A hat that is either sun-shading or head-warming, or both.

To Pack

- Lunch and personal snacks to keep your head and body warm and fueled for the hands-on science & sailing
- Water bottle; we have fresh potable water onboard
- Windbreaker or light rain jacket.
- Sweater or warm jacket (an additional layer for warmth)
- Sunglasses
- Sunscreen

Salish Sea Expeditions Provides

- Lifejacket (Type III)
- Raingear (jackets and pants, all sizes)
- Rainboots, though you can bring your own if you'd prefer
- Science inspiration and exploration

DO NOT Bring

- Controlled substances: drugs, alcohol, cigarettes, e-cigs, vapes.
- Excessive personal products (perfume, makeup, lipstick, etc.).
- Expensive cameras or other valuables.

***IMPORTANT ADDITIONAL INFORMATION ON NEXT PAGE ***



EMERGENCY CONTACT & REMINDERS

If you have questions or concerns, please contact the Education Director.
educationdirector@salish.org || 206-780-4878 x2#

ON CALL CELL PHONE: (206) 715-0312

During all Salish Sea Expeditions adventures, a designated staff member (typically the Education Director) carries a cell phone in case of emergency at any time during the Expedition.

ZERO TOLERANCE DRUG POLICY

The U.S. Coast Guard, and Salish, has a zero tolerance policy with regards to drugs on inspected vessels. This means that any illegal drugs in any amount found aboard *Carlyn* will result in confiscation of the vessel and our captain will lose his license.

Any participant found with drugs, alcohol, cigarettes, firearms or fireworks will be removed from the program immediately. Please do not put your shipmates, the crew, or yourself at risk by violating these policies.