



WHAT TO BRING – Overnight Programs

Space is limited aboard the S/V *Carlyn*.

At night, you will sleep with your gear, either in your tent or on your bunk. It can get a little crowded with too much stuff.

It is important that you pack only the items listed below. The suggested items are intended to be layered for warmth and are more versatile than a single heavy coat.

Plan on packing into a Small/Medium duffel, back pack, or laundry bag. If possible line the bag with a plastic bag/garbage bag to help keep things dry, since bags can go from the big boat, to a little boat and onto shore, and back.

Plan on wearing the same layering of clothes for multiple days (socks and undies excluded)

Please consider bringing the following:	
<ul style="list-style-type: none"> • Sleeping bag – It is good to line the stuff sack with plastic bag • Wool sweaters or fleece jackets (something that keeps you warm when wet) • 2 Long-sleeved T-shirts or turtlenecks (synthetic material is better than cotton) • 1 Pair long pants • 1 T-shirt • Long underwear – wool, wool blend, capilene or polypropylene are best (tops & bottoms) • 4-5 pairs of thick socks (wool or synthetic material are best. Ankle high socks are not so comfortable in rainboots) • 1 pair sneakers or other sturdy closed-toe shoe (think good in wet conditions) • Warm beanie hat (wool or fleece) • Windbreaker jacket • Baseball cap (or some sort of sun hat) • Toilet items <ul style="list-style-type: none"> -toothbrush/paste -deodorant -comb/hairbrush -feminine hygiene products • Sunglasses + Flashlight 	
Optional Items:	
<ul style="list-style-type: none"> • Disposable camera. • Waterproof shoes or boots (If you have them) 	

Salish Sea will provide the following:	
<ul style="list-style-type: none"> • Lifejacket (Type III) • Raingear (jackets and pants, all sizes) • Sleeping Pads and Tents for camping • Food (including snacks) and Water Bottle 	



Please DO NOT bring the following:	
<ul style="list-style-type: none">• Cell phones, video games, iPods, radios, walkmans, cd players• Controlled substances: drugs, alcohol, cigarettes, e-cigs, vapes• Excessive personal products (perfume, makeup, lipstick (captain only), etc.)• Food (snacks, candy, gum, etc..)• Expensive cameras or other valuables• Pillows or stuffed animals	

***NOTE:** For Teachers and Chaperones - If you are a coffee and/or tea drinker please bring that which is special to you. Coffee/tea is not always part of meals, but you are welcome to brew your own with the help of the galley staff.

Please Note: The U.S. Coast Guard, and Salish, has a zero tolerance policy with regards to drugs on inspected vessels. This means that any illegal drugs in any amount found aboard *Carlyn* will result in confiscation of the vessel and our captain will lose his license.

Any participant found with drugs, alcohol, cigarettes, firearms or fireworks will walk the plank if the parents/guardians cannot be contacted and arrangements made for that student to be picked up immediately. (not really, but don't pack this crap)

Please do not put your shipmates, the crew, or yourself at risk by attending in an impaired state.

In case of emergency at any time during the sail adventure, the Salish Education Director will be on-call
(206) 715-0312.